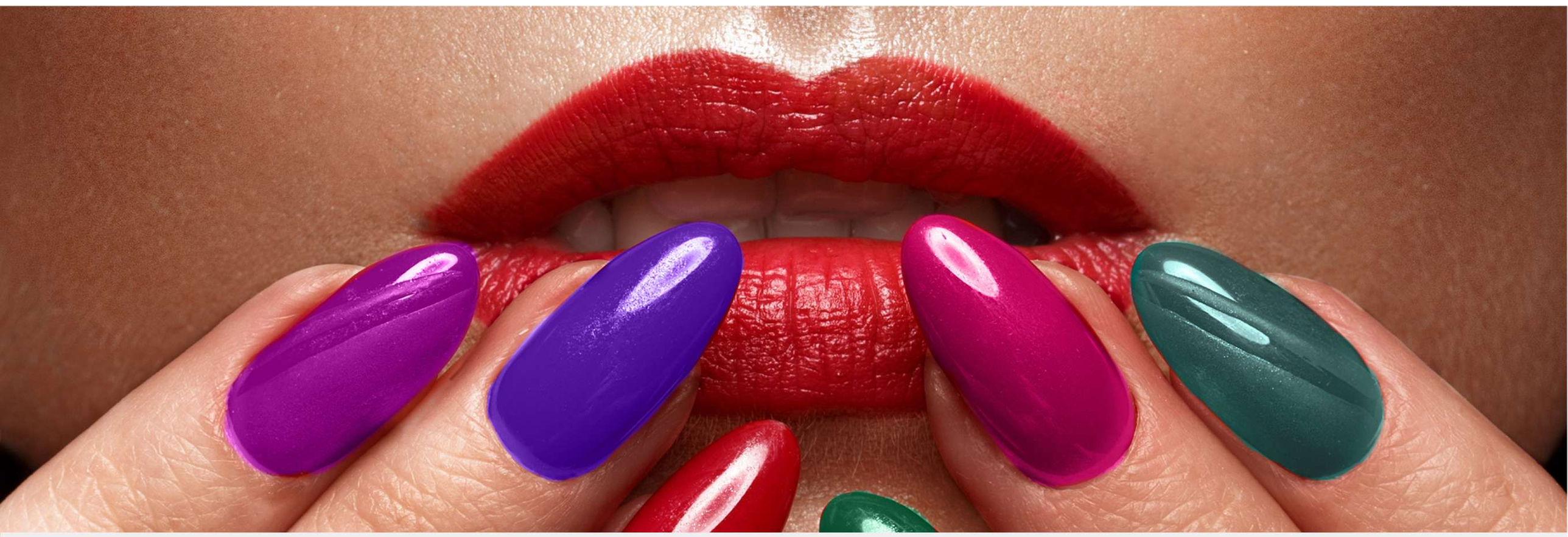
ESSENTIAL
BODY SPA & BEAUTY LOUNGE

ESSENTIAL BEAUTY LOUNGE

Confidence, The Essential Way
Natural Lashes, Glowing Skin & Elegant Nails



Where Elegance Begins With Intention. Let Every Detail Reflect Your Glow.

Each Of These Curated Beauty Rituals Combines Expert Care With Essential's Signature Touch — So Your Nails, Lashes, And Skin Aren't Just Beautiful. They're An Expression Of How You Feel Inside. Whether You Want To Shine For A Special Occasion Or Refresh Your Self-Care Routine, These Treatments Are Designed To Elevate Your Confidence With Clarity, Ease, And Grace.

ESSENTIAL BEAUTY PACKAGES

GLOW NAILS — **200K**

A natural refresh to revive your hands and feet

Restore your everyday radiance with this beautifully balanced combination of our Classic Manicure and Classic Pedicure. Includes precise nail shaping, gentle cuticle care, exfoliating scrub, and buffing, all finished with a nourishing top coat for clean, healthy, luminous nails.

Classic Manicure | Classic Pedicure

Perfect For: A weekly refresh or elegant simplicity before any occasion.

HAND & FOOT GEL DUO — **365K**

Shine from fingertips to toes

A complete gel polish service for both hands and feet. Includes nail shaping, cuticle care, and your choice of vibrant, long-lasting Basic Colour Gel Polish—so you can enjoy flawless, chip-resistant shine all over

Basic Colour Gel

Perfect For: Holidays, special events, or just feeling put-together every day.

GLOW & LIFT — **380K**

Effortless beauty, all in one visit

Start with the clean prep of our Classic Manicure, finished with a Basic Colour Gel Polish for long-lasting, chip-resistant shine. Complete your look with a Russian Lash treatment—giving your natural lashes a lifted, fuller appearance without extensions.

Basic Colour Gel Polish | Russian Lash

Perfect For: Everyday beauty, special occasions, or when you need a quick self-care refresh from hands to eyes.

BLISSFUL BEAUTY ESCAPE — **380K**

Bold lashes & flawless nails in one pampering session

Enjoy the precision of a Russian Manicure for perfectly detailed cuticles and polished nails, paired with Mega Volume Lash Extensions for full, fluffy, and dramatic eyes. A beauty boost from hands to gaze—effortless, elevated, and confidence-ready.

Russian Manicure | Mega Volume Lash Extensions

Perfect For: Special occasions or a self-care moment when you want to look your best.

FLAWLESS TOUCH — **390K**

Magnetic beauty for eyes and nails

This package combines Cat Eye Gel Nails—featuring a shimmering, dimensional finish that shifts with the light—with a Cat Eye Lash treatment for lifted, fanned-out lashes that mimic the soft, elongated look of a feline gaze.

Cat Eye Nails | Cat Eye Lash

Perfect For: A bold yet elegant upgrade to your everyday look.

BEAUTY BLOOM PACKAGE — **425K**

Lift, sculpt, and bloom into your boldest self.

This radiant ritual pairs a Gua Sha Lift & Sculpt Facial — to refresh and contour the skin through ancient techniques — with our French Polish Manicure. The result: a visibly lifted, luminous face and nails that command attention.

Gua Sha Lift & Sculpt Facial | French Polish

Perfect For: Photo shoots, celebrations, or your next powerful appearance.

PREMIUM PACKAGE — **850K**

Your head-to-toe glow-up, all in one ritual

Start with a Deep Sleep Ritual massage to melt away tension, followed by a full-body scrub to reveal fresh, glowing skin. Then bring out your natural beauty with dramatic Volume Lashes, and finish with a perfectly polished manicure in your favorite gel color.

Relaxation Massage | Body Scrub | Volume Lash Extensions | Basic Colour Gel Polish

Perfect For: Bridal prep, self-care days, or a complete mind-body-beauty revival.

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MANICURE

CLASSIC MANICURE — **120K**
Restore neatness, hydration, and natural beauty
Nail shaping, cuticle care, and gentle buffing — a polish-free refresh that leaves your hands clean, soft, and beautifully groomed.

RUSSIAN MANICURE — **150K**
Flawless precision for polished, elegant hands
Meticulous cuticle work using an e-file, detailed nail shaping, and a smooth finish for an ultra-clean, refined look. Perfect for those who love perfectly groomed nails with lasting neatness.

BASIC GEL POLISH/NON GEL POLISH — **255K/180K**
Effortless shine and chip-resistant wear
This treatment includes all the steps of our Classic Manicure. Choose to complete your look with gel polish or non gel polish.

SIMPLE DESIGN — **255K**
Add a touch of personality
Choose subtle, elegant patterns like dots, stripes, or minimalist motifs — erfect for understated charm.

FRENCH POLISH — **255K**
Timeless elegance, always in style
Crisp white tips over a soft pink base — the classic look of clean femininity.

RUSSIAN POLISH (CAT EYE / BLUSH POWDER) — **255K**
Precision meets trend-setting finish
Includes expert cuticle care and magnetic Cat Eye shimmer or Blush Powder for a flawless, modern effect.

ACRYLIC DESIGN — **285K**
Length, structure, and strength
For those who want durability or extended nails — sculpted acrylics tailored to your style.

NAIL TIP EXTENSION — **200K**
Instant length with a natural look
Extend your nails with lightweight tips, carefully shaped and blended for a seamless finish. Perfect for adding length while keeping your nails elegant and comfortable.

NAIL TIP EXTENSION WITH DESIGN — **255K**
Personalized length and creative expression
Get beautifully extended nails with custom designs—choose from minimal accents, chic patterns, or bold nail art. Each set is carefully shaped and styled to match your look, for nails that stand out effortlessly.

POLISH REMOVAL — **35K/60K/75K**
Gentle and safe polish removal
Professionally remove gel without damaging your natural nails. Non Gel/Gel Polish/Tip Extension.

PEDICURE

CLASSIC PEDICURE — **120K**
Refresh, smooth, and hydrate — no polish needed
A revitalizing care ritual for your feet. This treatment includes nail shaping, cuticle care, and gentle exfoliation to soften and smooth tired soles — leaving your feet fresh, clean, and nourished.

RUSSIAN PEDICURE — **150K**
Detailed care for perfectly polished feet
An advanced pedicure technique focused on meticulous cuticle work using an e-file, precise nail shaping, and a smooth, clean finish. Leaves your feet soft, neat, and beautifully groomed.

CALLUS REMOVAL TREATMENT — **120K**
Silky soles, renewed comfor
This targeted treatment focuses on removing dry, hardened skin and rough patches with expert technique, revealing smoother, healthier feet that feel light and refreshed.

TOE BASIC GEL POLISH/NON GEL POLISH — **160K/140K**
Long-lasting toes with radiant shine
Includes a classic pedicure and chip-resistant polish in your chosen shade. Designed for lasting beauty, comfort, and shine — ideal for travel or sandal season.

SIMPLE DESIGN — **200K**
Subtle artistry with personality
Add minimalist or playful patterns to your gel polish — dots, lines, or soft graphics that bring a unique finish to your look.

RUSSIAN POLISH (CAT EYE/BLUSH POWDER) — **200K**
Mesmerizing movement and luminous shine
Includes expert cuticle care and magnetic Cat Eye shimmer or Blush Powder for a flawless, modern effect.

FRENCH POLISH — **200K**
This sculpted pedicure is ideal for those who want extra durability, definition, and polish perfection from soft glam to high-fashion toes.
Soft pink soles with clean white tips — this timeless finish exudes elegance and refinement, perfect for special occasions or everyday polish.

ACRYLIC DESIGN — **250K**
Structure, length, and long-wear luxury
This sculpted pedicure is ideal for those who want extra durability, definition, and polish perfection from soft glam to high-fashion toes.

POLISH REMOVAL — **60K/35K**
Protect your natural nail health
Safely remove gel/non gel polish with a gentle process that maintains nail integrity and prepares your toes for their next look.

EYELASH EXTENSIONS

NATURAL LASH — **200K**
Soft, subtle, and effortlessly elegant
Enhance your natural lash line with light, tapered extensions that provide gentle lift and added length. Ideal for those who want an everyday no-makeup look that still turns heads.

CAT EYE LASH — **150K/175K/200K**
Flirty lift and outer-edge drama
Designed with length that gradually increases toward the outer corner, this sultry style gives your eyes a winged, feline effect — bold yet refined. Choose between a natural/medium/volume look.

RUSSIAN LASH — **150K/175K**
Bold and beautifully full
Multi-lash fans are delicately applied to each natural lash, creating soft, lush volume without heaviness. Perfect for glam lovers and special occasions. Choose a natural or medium look.

VOLUME LASH — **225K**
Full, soft, and weightless lashes
This treatment gives your eyes a naturally fuller look with lightweight, multi-layered lash extensions. Fluffy, voluminous, and comfortable—perfect for effortless beauty day and night.

WISPHY LASH — **250K**
Delicate, romantic, and textured
A mix of lash lengths and feathered placement creates a soft, fluttery effect — ideal for those seeking fullness with a light, airy finish.

MEGA VOLUME LASH — **270K**
Maximum intensity. Full drama
For the bold and fearless — ultra-fine, high-density lash fans deliver intense volume, deep black tones, and dramatic definition.

LASH LIFT — **150K**
Naturally lifted, effortlessly beautiful
A gentle treatment that lifts and curls your natural lashes from the root—opening up your eyes and giving you a fresh, wide-awake look. No extensions needed, and results last up to 6–8 weeks.

LASH LIFT + TINT — **170K**
Your natural lashes, perfectly enhanced
No extensions required. This treatment lifts, curls, and darkens your natural lashes — giving you effortless brightness and definition that lasts 6–8 weeks.

BROW LAMINATION — **185K**
Smooth, lifted, and fuller-looking brows
This treatment softens and reshapes your natural brows, setting them into a neat, lifted style that lasts. Perfect for achieving that fluffy, fuller brow look with minimal effort.

BROW LAMINATION + TINT — **200K**
Fluffy, defined, and naturally fuller brows
This combo treatment lifts and sets your brows into a soft, brushed-up shape, then adds a custom tint for extra depth and definition. The result: fuller-looking brows that stay in place effortlessly.

EYELASH REMOVAL — **60K**
Safe, gentle, and restorative
Designed to protect your natural lashes, this gentle removal process dissolves adhesive without damage, making space for your next lash set or a fresh start.

ESSENTIAL WAXING

EYEBROW WAXING — **105K**
Define your shape and lift your look
A precise brow clean-up or reshape to frame your face and accentuate your features.

UPPER LIP WAXING — **65K**
Smooth away fine hair for a clean finish
Quick and gentle removal of upper lip hair to keep your skin soft and flawless.

CHIN WAXING — **80K/90K/105K (Based On Coverage)**
Clarify and even out your jawline
Removes unwanted chin hair with care, suitable for small or full-area treatments.

SIDEBURN WAXING — **90K**
Softens your facial profile with precision
Removes peach fuzz and sideburn hair to smooth and refine your face line.

UNDERARM WAXING — **110K**
Stay smooth and fresh longer
A quick and effective treatment that keeps underarms clean and hair-free.

HALF ARM WAXING — **100K**
Polished arms with lasting softness
From elbow to wrist, this wax leaves your skin silky smooth and free from fuzz.

FULL ARM WAXING — **200K**
Clean, even-toned arms from shoulder to fingertip
A complete arm wax that enhances smoothness and boosts confidence.

HALF LOWER LEG WAXING — **200K**
Hair-free and silky from knee to ankle
A smooth finish for calves and lower legs — perfect for beach days or dresses.

UPPER LEG WAXING — **225K**
Thigh-smoothing for total comfort and care
Removes hair from mid-thigh to above the knee for soft, touchable skin.

FULL LEG WAXING — **340K**
Smooth from thigh to toe
A full-leg wax that delivers long-lasting smoothness and radiant skin.

STOMACH WAXING — **120K**
Even texture and clean definition
Removes hair from the midsection for a smooth, clean finish.

BACK WAXING — **220K**
Clear, confident, and smooth
Targets the upper, lower, or full back — perfect for clean lines and comfort.

BIKINI WAX *(FEMALE ONLY)* — **145K**
Neat grooming along the bikini line
Removes hair from the sides and top of the bikini area for a clean, confident feel.

BRAZILIAN WAX *(FEMALE ONLY)* — **200K**
Full or custom hair removal for total smoothness
Removes all or most hair from the intimate area, front to back — leaving you feeling refreshed and confident.

Confidence, The Essential Way Natural Lashes, Glowing Skin & Elegant Nails

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ESSENTIAL
BODY SPA & BEAUTY LOUNGE

ESSENTIAL BODY SPA

Rested. Lighter. Completely You.
Treatments That Balance, Restore And Rejuvenate.

Let Your Body Exhale. Let Your Glow Return. Let Your Soul Rest.

Each Ritual Is A Curated Journey Of Renewal — Thoughtfully Designed To Restore Balance, Awaken Radiance, And Offer Soul-Deep Stillness. Whether You Seek Detox, Beauty, Serenity, Or Shared Connection, These Packages Deliver More Than Pampering — They Offer Purposeful Transformation.

ESSENTIAL BODY SPA PACKAGES

REJUVENATION PACKAGE — **Duration : 150 Min** — **510K**

A restorative trio for full-body harmony and radiance.

Melt away tension with our signature deep sleep ritual massage, designed to ease muscles and soothe your nervous system. Lavender essential oil is used throughout the treatment to promote deep relaxation, reduce stress, and soothe the senses. Continue your journey with a nourishing Radiance Glow facial to revive your skin, and complete your ritual with a grounding flow foot ritual massage to reawaken your foundation.

Deep Sleep Ritual | Radiance Glow Facial | Flow Foot Ritual

Ideal For : A full reset for the body, skin, and spirit — perfect after travel, long work weeks, or emotional fatigue

ULTIMATE RELAXATION — **Duration : 150 Min** — **570K**

A sensory escape to stillness, softness, and self-care.

Begin with a Calm & Restore Massage, enhanced with your choice of frangipani or cempaka essential oil to relax the body, uplift the mood, and quiet the mind with their delicate, tropical floral aromas. A gentle Body Scrub follows, exfoliating and renewing the skin's natural glow. The experience is crowned with a luxurious Gua Sha Lift & Sculpt Facial — lifting, smoothing, and hydrating for total face-and-body tranquility.

Calm & Restore Massage | Body Scrub | Gua Sha Lift & Sculpt Facial

Ideal For : Those craving gentle, full-body indulgence and emotional reconnection.

WARM & GLOW PACKAGE — **Duration : 180 Min** — **620K**

A grounding ritual to melt tension and awaken skin vitality.

This deeply soothing package begins with a Hot Stone Therapy massage — warm volcanic stones placed on the body to ease muscular and energetic blockages. Cempaka essential oil is used throughout the massage to calm the senses, soften the skin, and enhance emotional release with its gentle, floral aroma. You'll then receive our Detox Glow Facial to purify, hydrate, and leave your skin glowing with renewed clarity.

Hot Stone Rebalance | Detox & Clarity Facial

Ideal For : Cold bodies, tired minds, and anyone needing to feel held and recharged.

PAMPERING PACKAGE — **Duration : 180 Min** — **675K**

Total-body love, nourishment, and sensory comfort.

Let go of the world with a Deep Sleep Ritual, enhanced with the soothing aroma of cempaka essential oil, known for its calming, floral properties that relax the body and uplift the senses. followed by a hydrating Body Mask to drench your skin in moisture and care. A rejuvenating Gua Sha Lift & Sculpt facial and brightens the face, and a calming Ear Candle Lux session gently clears physical and energetic tension.

Deep Sleep Ritual | Body Mask | Gua Sha Lift & Sculpt Facial | Ear Candle Lux

Ideal For : Self-celebration, birthdays, or any moment you need to feel deeply cared for.

ESSENTIAL DETOX PACKAGE — **Duration : 150 Min** — **570K**

A detoxifying duo to refresh your body and clear your skin.

This powerful ritual begins with our Lymphatic Reset Therapy — a light-touch technique that stimulates lymph flow, reduces fluid retention, and supports internal cleansing. Lavender essential oil is used throughout the massage to calm the nervous system, support relaxation, and gently enhance the body's natural detox process. You'll then receive our Detox & Clarity Facial to purify your complexion, rebalance oils, and reveal skin that feels light and alive.

Lymphatic Reset Therapy | Detox & Clarity Facial

Ideal For : Bloating, water retention, sluggish skin, or post-travel recovery.

ESSENTIAL SLIM & SERENITY — **Duration : 150 Min** — **510K**

Define your silhouette. Uplift your glow. Reconnect with your body.

Begin with our signature Essential Slimming Massage. Enhanced with green tea oil, known for its antioxidant-rich, detoxifying, and skin-firming properties. Contouring treatment that stimulates circulation, reduces puffiness, and supports lymphatic drainage. Follow with a sculpting Gua Sha Lift & Sculpt Facial to lift, tone, and reveal your skin's natural luminosity.

Essential Slimming Massage | Gua Sha Lift & Sculpt Facial

Ideal For : Feeling refreshed before events, post-detox, or regaining your sense of shape and lightness.

RATUS & RADIANCE — **Duration : 105 Min** — **385K**

Reconnect with Your Feminine Energy

This sacred ritual begins with a full-body massage to relax the mind and release physical tension, followed by a gentle vaginal acupressure massage to stimulate circulation and restore energetic flow in the womb space. The experience concludes with a warm herbal vaginal steam using a blend of natural leaves, flowers, and spices — supporting internal cleansing, tightening, and renewal. A deeply grounding and liberating treatment that reconnects you to your sensual self, leaving you glowing from the inside out.

Deep Sleep Ritual | Ratus Ritual

Ideal For : Reconnecting with your feminine energy, Releasing tension and stress, Feeling refreshed, balanced, and renewed

HARMONY INDULGENCE — **Duration : 120 Min** — **735K**

Synchrony, stillness, and beauty from head to toe.

Let two expert therapists work in perfect harmony during our Harmony Four Hands Escape — a deeply immersive, synchronized treatment that quiets the mind and melts tension. Cempaka essential oil is used throughout the massage to calm the senses, nourish the skin, and create a serene, floral atmosphere that enhances emotional relaxation. A Radiance Glow Facial nourishes your skin, while a deeply relaxing Flow Foot Ritual restores balance at your foundation.

Harmony Four Hand Escape | Radiance Glow Facial | Flow Foot Ritual

Ideal For : Those needing deep release, stillness, and full-body beauty in one sacred space.

COUPLE'S ROMANTIC ESCAPE — **Duration : 195 Min** — **1.600K**

A shared journey of connection, renewal, and pure indulgence.

Celebrate intimacy and shared stillness in this thoughtfully curated ritual for two. Begin with a deeply relaxing side-by-side massage, enhanced with the warm, tropical aroma of frangipani essential oil, known for its calming, sensual qualities that soothe the body and uplift the spirit. followed by a skin-renewing Body Scrub. Then enjoy personalized treatments: a Ratus Herbal Steam for her, and a Head, Neck & Shoulder Massage for him. Reunite with an Radiance Glow Facial for both — glowing, soft, and reconnected. Complete the journey with a toast to love and a sweet delight.

Deep Sleep Ritual (Both) | Body Scrub (Both) | Ratus Ritual (Female) | Head, Neck & Shoulder Massage (Male) | Radiance Glow Facial (Both)

Ideal For : Anniversaries, honeymoons, proposals — or simply choosing to be present together.

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CALM & NERVOUS SYSTEM RESET

DEEP SLEEP RITUAL **Duration : 60/90/120 Min** **225K/285K/340K**

Supports deep, restorative sleep and a calmer nervous system

Drift into deep rest with this soul-soothing full-body massage, thoughtfully paired with calming lavender oil to help your body and mind slow down. Long, flowing strokes ease muscle tension while the gentle rhythm of touch signals safety to your nervous system. This is more than relaxation — it's a ritual to reset your internal clock and promote truly restorative sleep. Ideal for those with insomnia, overthinking, or burnout.

CALM & RESTORE MASSAGE **Duration : 60/90/120 Min** **225K/285K/340K**

Reduces anxiety, soothes the heart, and brings emotional peace

This is your sanctuary for stillness. A nurturing blend of warm cempaka essential oils, slow strokes, and focused breathwork is used to dissolve stress and lower cortisol levels. As your body softens, your mind follows — allowing space for clarity, calm, and deep emotional release. Designed for those seeking relief from daily overwhelm, anxiety, or emotional exhaustion.

HARMONY FOUR HANDS ESCAPE **Duration : 60/90 Min** **400K/575K**

Releases built-up mental tension and quiets overactive thoughts

Experience the rare luxury of two skilled therapists working in perfect synchrony — a dance of touch enhanced by the delicate aroma of cempaka oil or frangipani oil, guiding you into a deeply meditative state. The harmonious flow of four hands soothes your nervous system, breaks mental loops, and grounds your energy. Perfect for those craving a full-body surrender into peace, presence, and pure stillness.

KIDS SERENITY MASSAGE **Duration : 60/90 Min** **210K/260K**

Promotes restful sleep, emotional grounding, and a sense of safety

Created especially for children (ages 4–12), this gentle treatment uses soft, nurturing strokes and hypoallergenic frangipani or lavender oil to calm busy minds and restless bodies. Ideal for kids navigating growth spurts, school stress, or screen fatigue, this massage encourages better sleep, emotional regulation, and a deep sense of safety in their own bodies.

EAR CANDLE LUX **Duration : 45 Min** **120K**

Enhances clarity, balances energy flow, and relieves mental fog

A multi-sensory ritual designed to clear both the physical and energetic space around the head and heart. Gentle ear candling draws out impurities and calms the mind, while LED stick cleansing and a relaxing neck and shoulder massage restore energetic flow. A light feather finish completes the experience — subtle yet powerful, leaving you feeling lighter, clearer, and beautifully re-centered.

DETOX & LYMPH FLOW

LYMPHATIC RESET THERAPY **Duration : 60/90 Min** **285K/400K**

Gently activates the lymph system to support detox, immunity, and water balance

This deeply therapeutic massage uses light, rhythmic strokes and calming lavender oil to encourage the movement of lymphatic fluid throughout the body — assisting in the release of toxins, reducing bloating, and stimulating immune function. Ideal for those experiencing water retention, fatigue, sluggish digestion, or post-travel swelling.

FLOW FOOT RITUAL **Duration : 60 Min** **170K**

Reawakens tired feet, supports detox channels, and restores circulation

A healing ritual for the feet — where energy pathways begin and balance returns. This treatment starts with a rejuvenating exfoliating scrub to remove dead skin and awaken the senses, followed by a reflexology-inspired massage using cempaka oil to release fluid build-up, improve lymph flow, and reinvigorate circulation.

HERBAL DETOX COMPRESS MASSAGE **Duration : 60/90/120 Min** **285K/340K/400K**

Melts muscle tension, soothes the nervous system, and purifies from within

Rooted in the wisdom of Thai healing traditions, this treatment uses warm compresses filled with detoxifying herbs to gently press and roll across the body. The heat helps open the pores, ease aches, and stimulate circulation — allowing the healing properties of the herbs to penetrate deeper. Paired with slow massage strokes and the soothing scent of frangipani oil, it brings profound relaxation while helping release stored toxins and stagnant energy.

SUNBURN SOOTHING THERAPY **Duration : 60/90 Min** **260K/310K**

Cools inflammation, restores hydration, and promotes skin repair

When your skin has had too much sun, this calming and replenishing ritual comes to the rescue. A combination of VCO oil, aloe-based gels, natural cooling agents, and gentle massage techniques help reduce redness, calm irritation, and deeply rehydrate the skin. Ideal after long beach days or poolside lounging, it not only repairs damage but leaves your skin feeling comforted and nourished.

ESSENTIAL SLIMMING MASSAGE **Duration : 90/120 Min** **340K/450K**

Contours your body, reduces fat, and boosts inner circulation

A specialized contouring massage designed to target stubborn fat deposits, stimulate circulation, and support the body's natural detoxification process. This treatment combines deep, rhythmic massage techniques and the use of wooden sticks, enhanced by the antioxidant-rich benefits of green tea oil to help break down fat and improve body contour. It is complemented by a plastic body wrap to enhance product absorption and maximize results. Perfect for those seeking a smoother, firmer, and more sculpted silhouette.

MUSCLE & PERFORMANCE RECOVERY

MUSCLE MELT DEEP RELIEF **Duration : 60/90/120 Min** **285K/340K/400K**

Releases stubborn knots, relieves chronic fatigue, and restores freedom of movement

This is your antidote to deep-seated muscle tension. Using focused deep-tissue techniques, firm pressure, and intuitive targeting, this treatment goes beyond the surface — working into the fascia to unravel built-up stress, improve circulation, and reset muscle patterns. Eucalyptus essential oil is used throughout the treatment to further soothe the muscles, invigorate the senses, and support natural recovery. Ideal for those who sit long hours, train hard, or carry long-term muscular discomfort. Leave feeling restructured, lighter, and more aligned in your body.

SPORTS RECOVERY MASSAGE **Duration : 60/90/120 Min** **285K/340K/400K**

Accelerates muscle recovery, reduces soreness, and supports peak performance

Tailored for athletes, movers, and high-performers, this dynamic massage is all about restoring flow and flexibility. A blend of deep tissue, assisted stretches, and myofascial work targets overused areas, prevents injury, and supports recovery post-activity. Whether you're prepping for a game, recovering from a race, or healing from physical burnout — this treatment helps your body bounce back stronger.

STRETCH & FLOW FOOT THERAPY **Duration : 30/60 Min** **145K/170K**

Releases foot tension, activates energy zones, and improves mobility from the ground up

Your feet carry the story of your entire day — and this ritual is their reset. A therapeutic blend of Thai-inspired foot massage, targeted pressure point work, and guided stretches revitalizes tired soles, loosens stiff joints, and helps realign your posture from the base. Cempaka essential oil is used to calm the senses, nourish the skin, and enhance the overall relaxation experience with its delicate, grounding floral aroma. As circulation improves, you'll feel lighter, more energized, and deeply connected to your foundation.

HOT STONE REBALANCE **Duration : 90/120 Min** **340K/400K**

Relieves tension, grounds the body, and awakens circulation

Melt into stillness as warm volcanic stones glide over your body and rest on pressure points, inviting your muscles to fully surrender. The gentle weight and steady heat of the stones stimulate deep relaxation while enhancing blood flow, easing pain, and realigning your energy centers. Lavender essential oil is used throughout the treatment to soothe the nervous system, promote deep calm, and enhance the overall sense of peace with its gentle, floral aroma. Perfect for those who need to release stored emotional tension and reconnect with their body's natural rhythm.

GLOW & REJUVENATION

RADIANCE GLOW FACIAL **Duration : 45 Min** **170K**

Deeply hydrates, evens skin tone, and restores luminous softness

A sensory-rich facial that's as nurturing as it is transformative. Natural botanicals and moisture-binding ingredients work in harmony to awaken tired, dull skin and replenish hydration at every layer. Gentle cleansing, exfoliation, and massage techniques help stimulate circulation and reveal your skin's inherent radiance. Perfect before special events or anytime your glow needs a little boost.

GUA SHA LIFT & SCULPT FACIAL **Duration : 60 Min** **225K**

Contours, depuffs, and energizes the skin from within

More than a facial — this is a sculpting ritual. Using the traditional Gua Sha stone, our therapists guide slow, intentional strokes across your face to lift tension, move stagnant lymph, and define natural contours. The results? Brighter eyes, smoother lines, and a visibly lifted, refreshed appearance. This treatment is especially beneficial for those holding tension in the jaw, forehead, or neck.

DETOX & CLARITY FACIAL **Duration : 90 Min** **340K**

Purifies the skin, clears congestion, and balances oil production

This targeted treatment is designed for skin that feels heavy, inflamed, or out of balance. A combination of deep cleansing, gentle exfoliation, and detoxifying masks (like charcoal or mineral clay) draw out impurities while soothing inflammation. Ideal for oily, acne-prone, or congested skin types. The experience not only resets your complexion — it leaves you feeling mentally clear and emotionally refreshed.

MEN'S POWER REVIVE FACIAL **Duration : 60 Min** **225K**

Recharges tired skin, combats oiliness, and restores confidence

Tailored specifically for male skin, this facial tackles sun damage, excess oil, and daily environmental stress. A deep cleanse opens the pores, followed by exfoliation and a cooling, hydrating moringa face mask to reduce fatigue and enhance skin clarity. It's the perfect go-to for men seeking refreshed, well-groomed skin with zero fuss and maximum results.

REJUVENATE & POLISH SCRUB **Duration : 90/120 Min** **260K/310K**

Smooths texture, removes buildup, and energizes the body's surface

This full-body exfoliation is the ultimate ritual to refresh and awaken your skin from head to toe. Using your choice of invigorating coffee scrub or nourishing coconut scrub, this treatment gently removes dull, dry skin while stimulating circulation and leaving your body feeling smooth, soft, and radiant. Perfect before sun-soaked days, after long travels, or anytime you crave that fresh, renewed glow. Ideal before sun exposure, after travel, or anytime you want to feel completely refreshed in your own skin.

MATERNITY & WOMEN'S WELLNESS

PRENATAL COMFORT MASSAGE **Duration : 60/90 Min** **255K/370K**

Relieves swelling, calms the nervous system, and aids emotional grounding for mothers-to-be

This deeply soothing treatment offers physical and emotional relief for expectant mothers. Using safe, side-lying techniques, our trained therapists gently release tension in the back, hips, and shoulders while improving circulation and reducing water retention. Lavender essential oil is used throughout the treatment for its gentle, calming properties — helping to relax the nervous system, reduce stress, and promote a sense of inner peace. With nurturing touch and calming breathwork, the session invites moments of stillness and self-connection — supporting both mama and baby in harmony. Recommended for the second and third trimester.

POSTNATAL RECOVERY RITUAL **Duration : 90/120 Min** **340K/450K**

Restores depleted energy, supports healing, and rebalances the post-birth body

Inspired by time-honored Indonesian traditions, this restorative ritual includes a warm Javanese Selendang wrap and therapeutic massage to bring the body back into alignment. Green tea oil, rich in antioxidants and anti-inflammatory properties, is used throughout the treatment to support skin renewal, reduce swelling, and promote inner balance. It gently supports abdominal toning, circulation, and emotional release after childbirth. Perfect for new mothers needing space to heal, feel held, and begin the next chapter with renewed strength and softness.

RATUS RITUAL **Duration : 45 Min** **200K**

Cleanses, tones, and reawakens the feminine essence

Inspired by time-honored Indonesian traditions, this restorative ritual includes a warm Javanese Selendang wrap and therapeutic massage to bring the body back into alignment. Green tea oil, rich in antioxidants and anti-inflammatory properties, is used throughout the treatment to support skin renewal, reduce swelling, and promote inner balance. It gently supports abdominal toning, circulation, and emotional release after childbirth. Perfect for new mothers needing space to heal, feel held, and begin the next chapter with renewed strength and softness.